

Michael Urvig
Curriculum Vitae
Urvig003@umn.edu

Education

- | | | |
|------|--|----------------------|
| M.S. | Kinesiology – Behavioral Aspects of Physical Activity
University of Minnesota, Twin Cities
Advisor: Daheia J. Barr-Anderson, PhD | August 2020-Present |
| B.S. | Kinesiology
University of Minnesota, Twin Cities | August 2017-May 2019 |

Conference Presentations

Urvig M, Wagner BE, Barr-Anderson DJ. Time and money related to hair as barriers to physical activity in African-American women. Poster presented at: Northland American College of Sports Medicine spring meeting. Saint Paul, MN. April 5, 2019.

Research Experience

- | | |
|---|---|
| Behavioral Physical Activity Laboratory (BPAL) Member | August 2018-May-2019
August 2020-Present |
| Undergraduate Testing Assistant: Clinical Exercise Physiology Lab | December 2018 |
| <ul style="list-style-type: none">Carry out exercise physiology tests VO_{2max}, underwater weighing, and vertical jump for college students taking the marathon training course | |

Teaching Experience

- | | | |
|--|------------|---------------------|
| University of Minnesota
School of Kinesiology | | |
| PE 1014 Conditioning | Instructor | August 2020-Present |
| PE 1015 Weight Training | Instructor | August 2020-Present |

Service

- | | |
|---|--------------------|
| Marcy Park Student Housing Cooperative – Treasurer
Minneapolis, MN | April 2018-Present |
|---|--------------------|