

## **Ayanna N. Rakhu, M.S.**

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### Education

#### **Ph.D. Candidate Kinesiology (ABD, anticipated completion 2021)**

College of Education & Human Development (CEHD), University of Minnesota, Minneapolis, MN  
Area of Concentration: *Behavioral aspects of physical activity*  
Research Focus Area: *Swimming behaviors/participation among African Americans*

#### **M.S. Kinesiology (Degree Granted May 2011)**

University of Minnesota, Minneapolis, MN  
Area of Concentration: *Sports Psychology*  
Thesis: Motivation and Sport Related Injury Rehabilitation

#### **B.S. Athletic Training (Degree Granted May 2008)**

McKendree University, Lebanon, IL

### Teaching Experience

- Beginning Swimming (PE 1007): Instructor, 2008-2010
- Intermediate Swimming (PE 1107): Instructor, 2008-2009
- Weight Training (PE 1015): Instructor, 2009-2010
- Sport and Exercise Psychology (KIN 3126W)
- Lead instructor (lecturer) and discussion leader, 2010-2014
- Psychology of Sports Injury (KIN 5723): Guest Lecturer, Fall 2012
  - Sept. 13: Injury roles of sport professionals
  - Sept. 27: Sport climate: Sociocultural influences on injury
  - Oct. 11: Athletic trainer perspective on sports injury psychology and sociocultural
  - Oct. 25: Cultural competence in sports medicine
  - Nov. 8: Post-injury: Psychological responses
  - Nov. 22: Sports psychologist perspective on sports injury psychology and sociocultural
- Competitive Sport for Children and Youth (KIN 5375): Guest Lecturer, Spring 2013
  - Jan 29: Youth Sport Medicine

### Service

- University of Minnesota Graduate Education Committee (GEC), Student Chair (2011-2013)
- Mankato State University Sport Psychology Team, Volunteer (October 2011, October 2012)
- University of Minnesota Community of Scholars, Member (2009-2013)

### Fellowships & Awards

- Committee on Institutional Cooperation (CIC), Graduate Student Representative & Recipient

- Kinesiology Diversity Summit, (Nov 2008), Graduate Student Representative
- Graduate Assistant Fellowship (2008-2013) Recipient
- Dorothy McNeill Tucker Fellowship, Tucker Center for Research on Girls & Women in Sport (May 2011) Recipient
- Common Ground Consortium Fellowship, University of Minnesota (Fall 2013) Recipient

## Publications

- Wiese-Bjornstal, D.M., Robertson, T., Foster, M., Franklin, A., & Wings, J. Physical Activity Journal. (2010). Prevention and care of athletic injuries. In J. Omli (Ed.), International Sport Connection: Football coach training program (pp. 43-47).
- Wiese-Bjornstal, D.M., Franklin, A. (2014). Observations about Sports Injury Surveillance and Sports Medicine Psychology among Female Athletes. Women in Sports and Physical Activity Journal, 23, (pp. 64-73).

## Presentations

- Rakhu (Franklin), A. (2009, November). Does gender matter in post-injury psychological response? In D.M. Wiese-Bjornstal, A.N. Franklin, J.B. Wings, M.A. Foster, & T.N. Robertson, Sports injury psychology and socioculture: Does gender matter? Symposium presented at University of Minnesota Tucker Center for Women & Girls "Tucker Table" series.
- Rakhu (Franklin), A. (2010, October). Does gender matter in post-injury psychological response? In D.M. Wiese-Bjornstal, A.N. Franklin, J.B. Wings, M.A. Foster, & T.N. Robertson, Sports injury psychology and socioculture: Does gender matter? Symposium presented at the Association for Applied Sport Psychology Annual Conference, Providence, RI.
- Rakhu (Franklin), A. (2010, March; 2011, March). Prevention and care of athletic injuries. Talks were given as part of International Sports Connection, at the University of Minnesota to Ugandan youth soccer coaches, hosted by the University of Minnesota.
- Franklin (Rakhu), A. (2011, May). Prevention and care of athletic injuries. Talk was given, as part of International Sports Connection, in Kampala, Uganda to 200 Ugandan youth soccer coaches, hosted by the University of Minnesota.
- Franklin (Rakhu), A. (2012, September). The role of personality in athletes' sport injury responses and adherence to rehabilitation. (2012, September). Symposium submitted to the Association for Applied Sport Psychology Annual Meeting, Atlanta, GA.